

# WELCOME TO OKLAHOMA CITY

NOVEMBER 2025 • OKCCHAMBER.COM

## OKLAHOMA CITY'S OLYMPIC MOVEMENT UNDERWAY

Oklahoma City recently marked 1,000 days until the 2028 Summer Olympics and showcased the city's readiness and its commitment to providing a world-class hosting experience as part of the LA28 Olympic Games. LA28 will bring the Olympic and Paralympic Games to Los Angeles in 2028, uniting more than 15,000 of the world's top athletes in a celebration of sport, culture and human potential.

The LA28 Games will mark several milestones: the first Olympic Games to feature more women athletes than men, the debut of new Olympic and Paralympic sports and the first Games since 1948 to rely entirely on existing venues rather than building new permanent facilities.

To help achieve this goal, LA28 and OKC are partnering to stage events at existing local venues. OKC will welcome the Olympic softball and canoe slalom competitions, using Devon Park and RIVERSPORT OKC, both recognized as premier sites for international competition.

“Oklahoma City has proudly stepped up to the plate to welcome Softball and Canoe Slalom events, showcasing America’s collaborative spirit and love for the Olympic and Paralympic Movement,” said LA28 Chief Executive Officer Reynold Hoover.

On Oct. 20, OKC Mayor David Holt and Team OKC President Michael Byrnes joined Hoover and LA28 Chairperson and President Casey Wasserman at Devon Park for a press conference marking 1,000 days until the 2028 Olympic Opening Ceremony in Los Angeles.

CONTINUED ON PAGE 12

## TEAM TINKER FOOD PANTRY EXPANDS HOURS TO MEET GROWING DEMAND

The Team Tinker Food Pantry at Tinker Air Force Base is serving an average of 40 families per day, with numbers expected to rise as Oklahoma SNAP benefits expired on Nov. 1.

To accommodate families, the pantry will add an evening session from 4 to 6 p.m. Monday, Wednesday and Friday.

The pantry is in need of donations and support from the community. Retirees will no longer receive food directly. Instead, they will receive a list of local food banks for assistance.



CONTINUED ON PAGE 13

**G R E A T E R  
O K L A H O M A C I T Y  
C H A M B E R**



**S T A T E O F T H E  
E C O N O M Y**

**WEDNESDAY, NOVEMBER 19, 2025**

**NATIONAL COWBOY & WESTERN HERITAGE  
MUSEUM 11:30 A.M. TO 1:00 P.M.**

**REGISTER TODAY**

# LEADERSHIP NOTES



**CHRISTY  
GILLENWATER**  
President & CEO

## AI's Inflection Point

We are living through the AI inflection point. Artificial intelligence (AI) is reshaping the way we live, learn and work. While questions loom, change is underway, and we should view it as a signal to prepare and position ourselves for opportunity and increased productivity.

AI empowers people. When tools take on routine, repetitive tasks, we gain time and space to think strategically, lead and innovate. Whether its predictive text helping with email, an algorithm handling scheduling or machine learning offering insights—we already use AI, often without realizing it.

At the same time, Microsoft's Healthcare & Life Sciences Industry Leader Kathy VanEnkevort reminded us of three ways she uses AI: to surface what you can't see, to automate what you detest doing and to support human-led judgment in complex work. She framed it as a shift away from "digital drudgery" and toward restoring joy in the workplace.

"We call it digital drudgery that is low cognitive load and does not prioritize your IQ," she said. "Those were the things where there was so much burnout. AI is going to bring back joy and happiness."

Here in Oklahoma City, our strength has always come from our ability to adapt, collaborate and move forward together. Now is the time for businesses, education and community to embrace this moment. Use AI with intention. Ask how it can support your workflow and your team. Automate what can be automated so you can focus on what only humans can do: creating, connecting and building.

This transition will reshape workflows across sectors and roles over the next decade. Still, it will also open new pathways. New jobs will emerge. New ways of working will evolve. The key is that we lead the change rather than be caught off guard.

Together, in the OKC region, we've shown what's possible: a community that welcomes growth, supports talent and builds toward its future. Let's lean into this change. Let's think ahead and ensure OKC is not only ready for the future but is also defining it.

»» **READ CHRISTY'S VELOCITYOKC  
ONLINE STORY OF THE MONTH**

**OKC continues to rank among most  
affordable U.S. cities**

**VELOCITYOKC.COM/CHRISTYSPICK**



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# UPCOMING EVENTS

## CALENDAR

(Events are subject to change. Consult [okcchamber.com/events](http://okcchamber.com/events) for the most recent updates.)

### NOVEMBER 19

#### State of the Economy

11:30 a.m. - 1 p.m.

National Cowboy & Western Heritage Museum  
1700 NE 63rd St.  
Oklahoma City, OK 73111

### DECEMBER 8

#### D.C. Spotlight

8:30 - 10 a.m.

Skirvin Hilton Hotel  
1 Park Ave.  
Oklahoma City, OK 73102

### DECEMBER 17

#### Annual Meeting

11 a.m. - 1 p.m.

National Cowboy & Western Heritage Museum  
1700 NE 63rd St.  
Oklahoma City, OK 73111

### JANUARY 28

#### Legislative Kickoff

11:30 a.m. - 1 p.m.

National Cowboy & Western Heritage Museum  
1700 NE 63rd St.  
Oklahoma City, OK 73111



## *State of the Economy to examine key trends shaping OKC's growth*

The Greater Oklahoma City Chamber will host its annual State of the Economy luncheon on Nov. 19 from 11:30 a.m. to 1 p.m. at the National Cowboy & Western Heritage Museum, 1700 NE 63rd St. Tickets are \$75 for members and \$100 for nonmembers.

The event will feature keynote speaker Stephen Jury, vice chairman of J.P. Morgan Private Bank and markets and global commodity strategist. With more than 40 years in financial markets, Jury offers insight into energy, metals, agriculture and global macro trends. Jury's extensive background—spanning leadership roles across major financial institutions including Chemical Bank, HSBC, UBS and Tradex Capital Markets—positions him as an insightful voice on global market dynamics.

A panel of local economists will also examine national and regional factors shaping OKC's economy and future growth. Attendees will gain practical, data-driven perspectives on investment, workforce and market trends impacting business leaders across sectors.

Jury says his goal is “to get people to think about the world in terms of what the opportunities and risks are going forward, and how to be prudent about managing those risks.” He adds, “You don't want to worry about where things have come from. You want to worry about where things are going to.”

Whether you're planning for the next investment cycle or evaluating strategic growth, the Chamber's State of the Economy event offers a timely briefing on the trends shaping OKC's business landscape.

Thank you to our Presenting Sponsor, Arvest Bank, for supporting this year's State of the Economy event.

Registration is available at [okcchamber.com/econ](http://okcchamber.com/econ).

## GREATER OKC CHAMBER TO HOST ANNUAL MEETING

The Greater Oklahoma City Chamber will host its Annual Meeting event on Dec. 17 from 11 a.m. to 1 p.m. at the National Cowboy & Western Heritage Museum, 1700 NE 63rd St. Tickets are priced at \$90 for members and \$110 for nonmembers.

The annual meeting is one of the Chamber's most anticipated events of the year, drawing business and community leaders from across the metro area. Attendees will connect with peers, reflect on the city's progress and hear how the Chamber plans to build on that momentum in the year ahead.

This year's program will focus on how OKC can adapt to a changing workforce and continue attracting skilled employees. Local leaders will share insight on how businesses can prepare for new economic challenges while keeping OKC a strong place to live and work.

The event will highlight the city's major achievements from the past year, including business growth,



development milestones and community partnerships. The event will also outline the Chamber's goals for 2026, setting the stage for the next phase of OKC's growth.

Thank you to our Presenting Sponsor, Bank of Oklahoma, for their support of this year's Annual Meeting.

To inquire about tickets, please email [register@okcchamber.com](mailto:register@okcchamber.com).

**What:** *Annual Meeting*

**When:** Dec. 17  
11 a.m. to 1 p.m.

**Where:** National Cowboy & Western  
Heritage Museum  
1700 NE 63rd St.  
Oklahoma City, OK 73111

**Why:**

To celebrate OKC's progress, connect with local business and community leaders, and gain insight into the Chamber's vision for OKC's economic future. The Annual Meeting offers attendees an opportunity to reflect on the city's achievements, explore strategies for adapting to a changing workforce and learn how the Chamber plans to drive continued growth and prosperity in 2026 and beyond.

## NEW YEAR'S REV ROCKS TIFF WITH OKC ROOTS

A punk rock road trip with deep Oklahoma roots just made its world debut on one of the biggest international stages. *New Year's Rev*, a comedic coming-of-age film sparked by an idea from Green Day frontman Billie Joe Armstrong, premiered at the Toronto International Film Festival (TIFF) in September. Behind its rebellious humor and cross-country storyline is a story that shines a spotlight on Oklahoma City's rising film industry.

Since Green Day's rise in the 1990s, their sound and swagger have fueled countless garage bands. In *New Year's Rev*, one of those groups, The Analog Dogs, will do anything to meet their heroes. When a prank convinces them they have scored an opening spot for Green Day's New Year's Eve show at the Hollywood Palladium, the trio piles into a car and heads west from Kansas, chasing their shot at glory.



*Kylr Coffman (OK) poses in front of Warner Bros water tower on set of New Year's Rev.*

### A film fueled by punk spirit

Written and directed by Lee Kirk and co-produced by Green Day, the film doubles as a love letter to road movies, '90s nostalgia and the dream of making music at all costs. More than a dozen Green Day songs underscore the ride, while a cast of absurd and endearing characters—Fred Armisen, Angela Kinsey, Bobby Lee, McKenna Grace and more—keep the journey unpredictable. Stars Mason Thames, Ryan Foust and OKC's own Kylr Coffman round out the central band of misfits.

### Oklahoma talent on the big screen

While the story sends its characters from Kansas to California, much of the movie came to life in OKC. The film was shot primarily in OKC during February 2025, making use of both the OKC Film Rebate Program and the state film rebate.

For Coffman, who runs OKC-based OFA Studios, landing one of the lead roles was a dream realized through persistence. He recorded a self-taped audition, submitted it to a casting director in Los Angeles and soon after was invited to audition. That opportunity ended with his casting as one of the leads.

"Growing up on punk music like Green Day, I always felt like there was this mountain I wanted to be on top of, and *New Year's Rev* gave me that moment," Coffman said. "I was raised by a single mom, I used to play the drums before I thought about acting, and now I get to be part of a story like this. From filming in Oklahoma City to Los Angeles and then walking the red carpet in Toronto, it was surreal."

### OKC at TIFF

That Oklahoma connection extended beyond production. The Oklahoma City Film & Creative Industries Office and the Oklahoma Film + Music Office partnered with Live Nation Studios to co-host the Sept. 12 red carpet premiere and after-party at Vinny's Vinyl Bar in Toronto. For Jill Simpson, executive director of the OKC Film & Creative Industries Office, the evening was an opportunity to celebrate not just a single film but the entire community of talent that makes Oklahoma a growing hub for production.

"*New Year's Rev* represents the kind of opportunity our rebate programs were designed to support," Simpson



*Producer Tim Perell, the Chamber's Jill Simpson and line producer Claire Kirk on set in Mesta Park in March 2025.*

said. "It is proof that Oklahoma's film industry has the talent, infrastructure and creativity to deliver stories that resonate far beyond our borders. I am beyond proud of Kylr and this incredible film."

As for Coffman, he said the experience left him grateful not only for his own role but for the support system around him. "Right now, my cup is full," he said. "I just want to keep cheering people on, stay grounded and be grateful I can do this while also running my own studio at home. None of this would have been possible without people like Jill [Simpson] and the film offices who have built an industry that makes opportunities like this possible."

### **Expanding Oklahoma's film footprint**

The OKC connection to TIFFF further highlights the city's role as a growing hub for filmmaking. Rebates and

support from local offices continue to attract productions of all sizes, giving Oklahoma crews, actors and small businesses opportunities to contribute to projects with national reach.

Producers on New Year's Rev include Tim Perell, Green Day, Ryan Kroft and Anna Keegan, with production companies Live Nation Studios and Process helping shepherd the project to life. The film's mix of major stars and local talent demonstrates what is possible when Oklahoma invests in creative industries and builds partnerships with nationally recognized studios.

As of its world premiere, the film has not yet announced a distribution deal. That uncertainty only fuels excitement for what is to come. Whether on streaming platforms, in theaters or both, audiences across the country may soon see a story that started in Oklahoma take center stage.

## **Looking ahead**

For OKC, New Year's Rev is more than a movie premiere. It is a marker of the city's continued growth as a place where stories can be told, talent can thrive and industries can expand. With each project filmed here, momentum builds for a future where Oklahoma is not just a backdrop but a destination for filmmakers.

And for audiences, the journey of The Analog Dogs is just beginning. It carries with it the energy of punk rock, the spirit of a road trip and the proud creative force of OKC.



## CATALYST EVENT HIGHLIGHTS AI'S ROLE IN HEALTHCARE INNOVATION

Life Science Oklahoma opened its new Catalyst series last week with a keynote from Kathy VanEnkevort, Microsoft's U.S. Health and Life Sciences industry leader. Speaking to a full room at Convergence in the Oklahoma City Innovation District, VanEnkevort outlined how artificial intelligence is already reshaping healthcare and why Oklahoma is positioned to lead in this new era.

*"Biology can write the questions, but AI helps us find the answers,"*

*- Craig Shimasaki*

"Biology can write the questions, but AI helps us find the answers," said Craig Shimasaki, chair of LSOK, in his welcome. "Together we can turn those answers into therapies, diagnostics and cures faster."

VanEnkevort acknowledged that conversations about artificial intelligence often focus on job loss or disruption but encouraged attendees to look instead at the opportunities to make work more efficient, creative

and human. She urged organizations to let AI handle repetitive tasks such as scheduling, documentation and data searches so that people can spend more time on strategy, collaboration and innovation. "Use AI to help you think more, not less," she said.

Her advice centered on balance and purpose. AI, she explained, should serve as an assistant that extends human capacity, not as an authority that replaces it. The most successful organizations are using AI to summarize information, generate first drafts and streamline



Craig Shimasaki, LSOK Chairperson, addresses Catalyst attendees.

operations while keeping people in control of judgment and oversight.

VanEnkevort also emphasized the importance of skilling up the workforce. She encouraged leaders to invest in training so employees can adopt tools responsibly and with confidence. Microsoft, she noted, has partnered with universities and professional organizations to help workers across industries build digital fluency and understand how to apply AI in ways that are transparent, fair and secure. “We will only move at the pace of trust,” she said.

During the Q&A, topics ranged from energy use in data centers to the challenge of measuring return on investment. VanEnkevort noted that early adopters in many sectors are already seeing faster workflows, stronger margins and higher employee satisfaction. Her closing message was simple: “You have talent and grit. You are doing novel things. Whatever I can do to advocate and amplify your efforts, I am here for you.”

Special thanks to the OKC Innovation District for hosting, and to the sponsors who made the inaugural Catalyst possible.



*Microsoft's Kathy VanEnkevort presents on finding balance and purpose with AI.*



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should  
go to bed  
hungry  
this holiday  
season.**

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**[feedthechildren.org](https://www.feedthechildren.org)**



## OKLAHOMA ACCOLADES ROUNDUP: AFFORDABILITY AND OPPORTUNITY DEFINE THE REGION

Oklahoma's national reputation for affordability and opportunity continues to strengthen. Recent national rankings underscore how the state's cost of living, housing accessibility and financial stability contribute to a thriving economy—and to a quality of life that attracts and retains talent across Greater Oklahoma City.



### OKC among top metros where young adults can afford homes

Affordability is driving generational opportunities. OKC ranks sixth among large United States metros for the share of adults under 30 who hold a mortgage, according to a Visual Capitalist analysis based on LendingTree data. With 5.7% of young adults in OKC owning homes—outpacing cities such as San Antonio and Hartford—the region stands out as a place where younger residents can build roots and wealth earlier in life. A strong job market and accessible housing supply continue to make OKC a leader in housing opportunities for the next generation.

Read the original article here: [Ranked: Cities Where Young Americans Can Still Afford a Home.](#)

### Oklahoma's median down payment among lowest in the nation

According to a recent analysis by Bankrate, Oklahoma ranks fifth in the nation for the lowest median down payment, at \$27,600. That's less than half of the national median of \$62,000. The finding highlights Oklahoma's



continued advantage for first-time homebuyers and working families, where lower barriers to entry support homeownership and mobility. As housing costs continue to rise across the country, Oklahoma's steady affordability keeps the dream of homeownership within reach for more residents.

Read the original article here: [What's The Average Down Payment On A House?](#)

### **\$1 million goes further in Oklahoma**

In a separate study from Nasdaq, Oklahoma ranked fifth in the U.S. for how long \$1 million in retirement savings lasts when paired with Social Security benefits. With an estimated 71 years of financial coverage, Oklahoma's cost of living provides long-term security for

retirees. This ranking reinforces the state's strong fiscal environment and its appeal as a destination for those seeking stability in retirement.

Read the original article here: [How Far \\$1 Million in Retirement Savings Plus Social Security Goes in Every State.](#)

### **Continuing the momentum**

Together, these rankings reflect more than just numbers—they highlight the balance of affordability, opportunity and growth that defines OKC and the state as a whole. From helping young professionals buy their first homes to ensuring retirees can thrive, Oklahoma's economic environment continues to attract new residents and investments alike.



# What LA28 means for OKC

OKC now joins the global Olympic movement as the city prepares to stage two sports within the 2028 Games. The decision to hold these competitions outside the Los Angeles area reflects a strategy to use existing high-quality venues rather than build new ones.

Devon Park routinely hosts major collegiate and international tournaments. The Whitewater Center at RIVERSPORT OKC is a U.S. Olympic & Paralympic training site and has hosted canoe slalom trials and world-ranking events.

With the 1,000-day mark reached, OKC's business and civic community should focus on next steps: leveraging local infrastructure, enhancing visitor readiness and integrating the broader economy into the Games opportunity.

## LA28 (CONT'D FROM PAGE 1)

"These Olympic Games will mark a truly special moment in Oklahoma City's history," Byrnes said. "I'm thrilled for our community to experience the Olympic movement in the years leading up to the Games. Events like the LA28 Day of Sport are just the beginning of how we'll build excitement and momentum on the road to staging these events."

Holt expressed what an honor it was for OKC to host the 1,000-day countdown.

"We believe Los Angeles is going to deliver the greatest Olympic Games in history, and the opportunity for Oklahoma City to directly support that is a once-in-a-lifetime opportunity for every resident of this city," Holt said. "Additionally, staging two sports and seven events here in the center of the country dramatically expands the reach of the Olympic experience and will leave a nationwide legacy for these Games. Oklahoma City could not be more excited as we think about 2028, as well as the many announcements and preparations that will be made in the next 1,000 days."

The collaboration reflects national enthusiasm to deliver the first Summer Olympic and Paralympic Games hosted in the United States in more than 30 years. OKC is scheduled to host the canoe slalom events July 14–22 and softball events July 23–29, 2028.

"The LA28 Olympic Games will bridge regions and communities from the Pacific coast in Los Angeles to the central plains of Oklahoma City through the power of sport, highlighting their unique sporting legacies and incredible world-class venues," Wasserman said. "We

remain steadfast in our planning and working tirelessly toward creating an incredible Games experience for athletes, residents and visitors alike in 2028.

## Day of Sport

On Oct. 18, ahead of the 1,000-day press conference, Hoover, Holt and Team OKC—the local group coordinating OKC's role in the Games—spent the day with dozens of young athletes, Olympians and Paralympians during LA28's Day of Sport. The event, held at the Willa D. Johnson Recreation Center, featured hands-on clinics and drills designed to inspire the next generation of athletes while promoting the Olympic and Paralympic values of determination, inspiration, courage, friendship, excellence, respect and equality.

Team OKC also hosted venue tours at Devon Park and RIVERSPORT OKC to review preparations and planning progress with city leaders and members of the OKC Council.

Guest athletes included:

- Jeremy Campbell, PLY—Team USA, para track and field (2008, 2012, 2016, 2020, 2024); five-time gold medalist
- Nadia Comaneci, OLY—Team Romania, gymnastics (1976, 1980); five-time gold, three-time silver and one-time bronze medalist
- Bart Conner, OLY—Team USA, gymnastics (1976, 1984); two-time gold medalist
- Kelly Garrison-Funderburk, OLY—Team USA, gymnastics (1988)
- Michelle Moultrie, OLY—Team USA, softball (2020); silver medalist

## TINKER FOOD PANTRY (CONT'D FROM PAGE 1)

High-need items include:

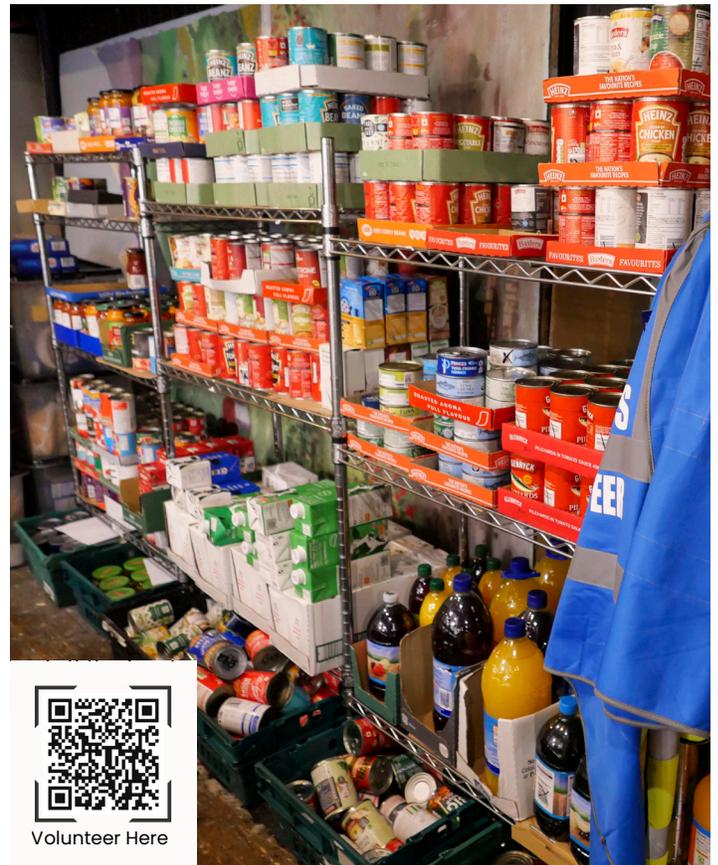
- Vegetables such as green beans, corn and carrots
- Starches such as ramen noodles, rice, macaroni and cheese and Hamburger Helper
- Baking items including flour, sugar, syrup and pancake mix
- Fruits such as canned fruit, applesauce and fruit cocktail
- Pantry staples including spaghetti sauce, tomato paste, broth, evaporated milk and peanut butter
- Soups
- Beverages including juice, tea, coffee and drink mixes
- Hygiene and household items such as soap, toothpaste, dish soap, laundry detergent and toilet paper
- Baby items including diapers, wipes, formula, cereal and baby food

Donations can also be made through the Tinker Family Readiness Fund, which accepts checks, cash and gift cards at the Military Family & Readiness Center front desk. Volunteers who have base access are needed to support pantry operations and can sign up using the QR code.

The pantry is located in Building 6001, across from the Tinker Chapel. Regular hours are:

- Monday: 9 a.m.–2 p.m. and 4–6 p.m.
- Wednesday: 9 a.m.–1 p.m. and 4–6 p.m.
- Friday: 9 a.m.–2 p.m. and 4–6 p.m.

The pantry provides vital support to Tinker families, connecting them with food, resources and community assistance during a time of increasing need.



Volunteer Here

## GRAND OPENINGS

Congratulations to Chamber members on their recent Grand Openings! To see the schedule of upcoming Grand Openings or subscribe to the Grand Openings calendar, visit [okcchamber.com/grandopenings](http://okcchamber.com/grandopenings).

**Ten Key Remodels** 3180 W. Britton Road, OKC OK 73120-2034

**Westbury Express Pharmacy** 1600 South Morgan Rd. Suite A, OKC OK 73128

**Federal Thermal** 5 N. Penn Ave, OKC OK 73107

**Slick City South OKC** 1609 Penn Bark Blvd. Suite 4, OKC OK 73159

# WELCOME NEW MEMBERS



Businesses who join the Greater Oklahoma City Chamber are part of the largest coalition of businesses in the state and make the Chamber's work in the community possible. Each member level is identified on the listing below.

## ADVISOR

### Children's Health Foundation

*Nonprofit / Service Agencies*  
Mr. Brandon Brooks.....(813) 786-7172  
1001 NW 63rd St., Suite 210  
Oklahoma City, OK 73116-7335

### One More Child

*Nonprofit / Service Agencies*  
Mr. Philip Whitten.....(813) 786-7172  
P.O. Box 175  
Piedmont, OK 73078-0175  
[www.onemorechild.org/oklahoma](http://www.onemorechild.org/oklahoma)

### The Ninety-Nines, Inc.

*Associations / Membership Organizations*  
Ms. Jill VanEgmond.....(405) 685-7969  
4300 Amelia Earhart Drive, Suite A  
Oklahoma City, OK 73159-1106  
[www.ninety-nines.org](http://www.ninety-nines.org)

## ASSOCIATE

### Shake Shack

*Restaurants*  
Ms. Drew Neillie.....(512) 213-0864  
2124 NW Expressway  
Oklahoma City, OK 73112  
[www.shakeshack.com](http://www.shakeshack.com)

## CORE

### Andretti Indoor Karting & Games

*Amusement / Entertainment / Attractions*  
Ms. Diana Roldan Guzman.....(405) 870-8340  
8300 Broadway Extension  
Oklahoma City, OK 73114-3702  
[andrettikarting.com/oklahomacity](http://andrettikarting.com/oklahomacity)

### Innovative IT Solutions

*Information Technology*  
Mr. Rick Medley.....(214) 674-2819  
3200 SW 59th St.  
Oklahoma City, OK 73119-6405  
[www.iitstech.com](http://www.iitstech.com)

### Old Pal, LLC

*Advertising Agencies*  
Mr. Shane Luebbbers-Jones.....(405) 249-2043  
1114 N. Walker Ave., Suite 1  
Oklahoma City, OK 73103-2623  
[www.oldpaladvertising.com](http://www.oldpaladvertising.com)

### Westbury Express Pharmacy

*Pharmacies*  
Mr. Joel Davenport.....(405) 914-2385  
1600 S. Morgan Road, Suite A  
Oklahoma City, OK 73128-7027  
[westburyexpresspharmacy.com](http://westburyexpresspharmacy.com)

### Biomechanical Advancement and Rehabilitation Therapies, LLC (DBA: BAR Therapies)

*Physical Therapy*  
Allyson Barnes.....(405) 673-7129  
5100 N. Brookline Ave., Suite 610  
Oklahoma City, OK 73112-3625  
[www.bartherapies.com](http://www.bartherapies.com)

### Oklahoma Food Tours, LLC

*Amusement / Entertainment / Attractions*  
*Restaurants*  
Mr. Ryan Rudebock.....(405) 653-8811  
2501 N. Robinson Ave., Apt. 3  
Oklahoma City, OK 73103-4148  
[oklahomafoodtours.com](http://oklahomafoodtours.com)

### Perfect Pitch Roofing

*Roofing Contractors*  
Mr. Taylor Contreras.....(405) 795-8816  
10701 SE 160th St.  
P.O. Box 313  
Newalla, OK 74857-0313  
[www.perfectpitch.dev](http://www.perfectpitch.dev)

### Whiskey Chicks

*Bars / Taverns*  
*Restaurants*  
Mr. Johnny Butler.....(405) 831-9959  
115 E. Reno Ave.  
Oklahoma City, OK 73104-4228  
<https://whiskeychicksok.com/>

### First United Mortgage Group

*Mortgages*  
Ms. Mary Bailey.....(405) 207-8141  
3932 S. Boulevard  
Edmond, OK 73013-5775  
<https://mbailey.firstunitedteam.com>

## OKLAHOMA CITY RANKED AMONG THE FASTEST COMMUTES Traffic Statistics for Peer Markets (2024)

METRO	TIME LOST PER YEAR AT RUSH HOURS (HOURS)	AVG. TRAVEL TIME PER 6 MI
KANSAS CITY, MO-KS	13	9 MIN 19S
OKLAHOMA CITY, OK	18	9 MIN 54S
PHOENIX, AZ	20	9 MIN 36S
SALT LAKE CITY, UT	20	9 MIN 46S
RALEIGH, NC	21	9 MIN 33S
ALBUQUERQUE, NM	23	11 MIN 15S
CHARLOTTE, NC	25	9 MIN 59S
SAN ANTONIO, TX	25	10 MIN 2S
NASHVILLE, TN	28	10 MIN 22S
AUSTIN, TX	30	10 MIN 58S
DENVER, CO	30	11 MIN 19S
TAMPA, FL	38	12 MIN

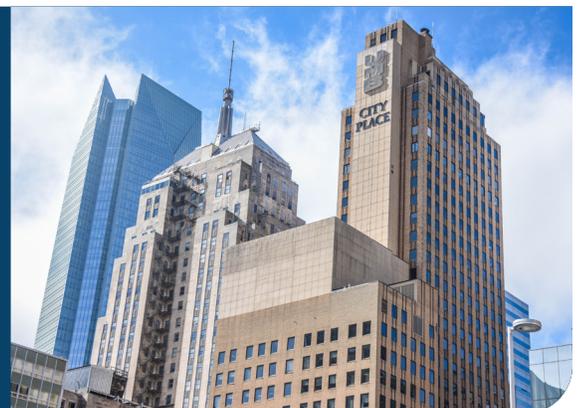
Source: Tom Tom Traffic Index, 2024, MSA

- OKC drivers lose only 18 hours per year to rush-hour traffic, ranking No. 2 among peer metros.
- Workers in OKC spend an average of just 9 minutes and 54 seconds traveling 6 miles during peak hours
- OKC's travel times held steady from 2023 to 2024, while two-thirds of the metros saw increases due to growth and congestion.
- Among regional peers, only Kansas City ranks slightly better, while metros like Denver and Tampa experience more than double the annual time lost to traffic.

For comprehensive Economic Indicator and Regional Data, please visit your Greater Oklahoma City Chamber Economic Development Division at [www.greateroklahomacity.com/economicindicators](http://www.greateroklahomacity.com/economicindicators) or contact Eric Long, Research Economist, at 405-297-8976; [elong@okcchamber.com](mailto:elong@okcchamber.com)

### DID YOU KNOW?

Get regional demographic data, consumer expenditure information, labor force data for the Greater Oklahoma City Region and more at [greateroklahomacity.com](http://greateroklahomacity.com).



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# DC Spotlight

Featuring a conversation with  
**The Honorable Stephanie Bice**

Monday, December 8, 2025 | 8:30 - 10 a.m.  
Skirvin Hilton Hotel

\$65 Chamber members | \$100 non-members

**REGISTER NOW**